



Athletic Ribbon

<https://archives.whyte.org/en/permalink/artifact103.09.0411%20a%20-%20d>

Title:	Athletic Ribbon
Date:	n.d.
Material:	polyester
Dimensions:	3.5 x 16.0 cm
Description:	Ribbon a, b - two identical first place ribbons. Both are red and rectangular shaped with a point on one end and two divided points on the other end. At the centre in bold black lettering is the word "First." And at the top are the words "Canmore - Banff Interscholastic Track Meet 1952." Ribbon c, d - dark red rectangular shaped with a point on one end and two divided points on the other end. At the centre in bold black lettering is the word "First" and above are the words "Canmore - Banff Interscholastic Track Meet 1951." Ribbon d has a gold safety pin attached to the top.
Subject:	Track, running, sport, school, award
Credit:	Gift of Mary Brewster, Banff, 2023
Catalogue Number:	103.09.0411 a - d

Images



This material is presented as originally created; it may contain outdated cultural descriptions and potentially offensive content. [Read more.](#)



Athletic Medal

<https://archives.whyte.org/en/permalink/artifact103.09.1135%20a-s>

Title:	Athletic Medal
Date:	1925 – 1930
Material:	metal; fibre
Description:	A collection of athletic prizes including 3 medals and 16 ribbons. The medals are for ski jumping (1926), and running. The ribbons are from the Banff High School: 6 red (first), 5 blue (second), 1 grey (faded?; second), and 4 white (third).
Subject:	Arthur Harris sports athletics Banff High School skiing running awards
Credit:	Gift of Arthur Gray Harris, Vancouver, 1992
Catalogue Number:	103.09.1135 a-s

Images



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Athletic Ribbon

<https://archives.whyte.org/en/permalink/artifact103.09.0412%20a%2c%20b>

Title:	Athletic Ribbon
Date:	n.d.
Material:	polyester
Dimensions:	4.0 x 17.0 cm
Description:	Ribbon a - white third place ribbon. Rectangular shaped that comes to a single point at the top and two divided points at the bottom. In the centre there is the word "Third" in bold lettering. At the top are the words "Canmore- Banff Interscholastic Track Meet 1952." Ribbon b - light peach ribbon. Rectangular shaped that comes to a single point at the top and two divided points at the bottom. At the centre is the word "Third" and at the top are the words "Canmore - Banff Interscholastic Track Meet 1948."
Subject:	Track, sport, school, running
Credit:	Gift of Mary Brewster, Banff, 2023
Catalogue Number:	103.09.0412 a, b

Images



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Mountain high : [the world's wildest road race]

<https://archives.whyte.org/en/permalink/catalogue8531>

Author: Skene, Wayne
Physical Description: p.18-24 : ill
Medium: Library - Book (including soft-cover and pamphlets)
Subjects: Running
Notes: In Calgary magazine, vol.5, no.10, June 1983
Accession Number: 15500
Call Number: 02.8 Sk2 Pam
Collection: Archives Library

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Summits of my life : daring adventures on the world's greatest peaks

<https://archives.whyte.org/en/permalink/catalogue25020>

Author: Jornet, Kilian
Publisher: Boulder, Colorado : VeloPress
Published Date: 2018
Physical Description: 201 pages : illustrations
Medium: Library - Book (including soft-cover and pamphlets)
Subjects: Travel
Mountaineering
Mont Blanc
Matterhorn
Elbruz, Mount
Denali
Everest, Mount
Running
Skiing
Biography

Abstract: Summits of My Life is the personal project of Kilian Jornet, in which for five years he has traveled to some of the most important peaks of the planet to try to establish FKT (fastest known time) of ascent and descent of some of the most emblematic mountains of the world. The project is closely linked to values and a way of understanding the purist and minimalist mountain. The experiences lived in each challenge have been captured in different films. (from author's website)

Contents:	<p>The project of my life</p> <p>The Challenges</p> <p>The Mont Blanc Traverse</p> <p>Mont Blanc</p> <p>The Matterhorn</p> <p>Mount Elbrus</p> <p>Denali</p> <p>Aconcagua</p> <p>Mount Everest</p> <p>Forged in dreams and emotions</p>
Notes:	<p>Kilian Jornet ; translated from Catalan by Nathan Douglas.</p> <p>Banff Mountain Film and Book Festival 2019</p>
ISBN:	9781937715908
Accession Number:	AC638
Call Number:	G512 J67 S86
Collection:	Alpine Club of Canada Library
URL Notes:	Author's project website including films related to the ascents and descents in book

Websites

<https://everest.summitsofmylife.com/> 

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Training for the uphill athlete : a manual for mountain runners and ski mountaineers

<https://archives.whyte.org/en/permalink/catalogue25036>

Author: Jornet, Kilian
House, Steve
Johnston, Scott

Publisher: Ventura, CA : Patagonia Books

Published Date: 2019

Physical Description: 375 pages : color illustrations

Medium: Library - Book (including soft-cover and pamphlets)

Subjects: Training
Sports
Running
Skiing
Mountaineering

Abstract: Training for the Uphill Athlete translates theory into methodology to allow you to write your own training plans and coach yourself to your endurance goals. This is the only book that presents training principles for athletes who regularly participate in distance running, ski mountaineering, skimo, and other sports that require optimum fitness and customized strength....This book collects the scientifically backed and athlete-tested wisdom and experience of the best uphill athletes and educates outdoor athletes to develop plans to perform their best. (from back cover)

Contents: The physiological basis of endurance training -- The methodological basis of endurance training -- Strength and the uphill athlete -- How to train.

Notes: Banff Mountain Film and Book Festival 2019 finalist for Guidebooks

ISBN: 9781938340840

Accession Number: AC639

Call Number: GV T73 J67

Collection: Alpine Club of Canada Library

URL Notes: Uphill Athlete website with training plans and book summary

Websites

<https://www.uphillathlete.com/> 

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Untamed #149/300

<https://archives.whyte.org/en/permalink/artifactkei.04.01>

Artist:	Iltingworth Holey Kerr (1905 – 1989, Canadian)
Title:	Untamed #149/300
Date:	1987
Medium:	ink on paper
Dimensions:	8.89 x 13.97 cm
Description:	Three horses charge from the left edge to the right. All that the viewer can see are the heads, necks and shoulders of the animals. The two horses in the back are solid black but the front most horse is white. Matted/ framed with an archival mat.
Subject:	horse print running lino Holey Kerr black
Credit:	Gift of Harold C. Whyte, Penticton, 2017
Catalogue Number:	Kel.04.01

Images



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Untitled

<https://archives.whyte.org/en/permalink/artifactwyp.03.776>

Artist:	Peter Whyte (1905 – 1966, Canadian)
Title:	Untitled
Date:	1930 – 1960
Medium:	graphite on paper
Dimensions:	27.8 x 21.5 cm

Description: A quick sketch boxed off in the upper half of the page that has a narrative that matches the Christmas cards. In a vehicle an assortment of animals is crossing a bridge, with a water source below. Just to the left of the bridge there is a dog sitting and watching the car cross. In the background there is a statue (resembles the one from WyP.03.775) and trees. Below the drawing there is a practice sketch of a dog running.verso: two loose silhouette drawings of what appears to be two military men.

Subject: trees
statue
Christmas card
war memorial
bridge
water
vehicle
moose
bear
rabbit
squirrel
deer
running

Credit: Gift of Catharine Robb Whyte, O. C., Banff, 1979

Catalogue Number: WyP.03.776

Images



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Untitled

<https://archives.whyte.org/en/permalink/artifactwyp.03.845>

Artist: Peter Whyte (1905 – 1966, Canadian)

Title: Untitled

Date: 1925 – 1966

Medium: graphite on paper

Dimensions: 14.3 x 22.1 cm

Description: Divided into thirds, there are three lines each with a set of drawings on them. The top line has a child talking to elderly man who is walking with a cane and adjusting his glasses. The child is pointing at a group of kids that are sprinting ahead of him. The second line has another child interacting with an elderly person. To their right there is a vintage car with people inside, ahead of them is a person on a bike, and at the very front is a child in a wagon. The third line is depicting a lineup of people standing in line for the outhouse. inside the fold: near the TRC there is an ink stain and a circular drawing of arrows together

Subject: people
men
woman
children
car
vintage car
wagon
bike
cane
glasses
running
line
washroom
outhouse

Credit: Gift of Catharine Robb Whyte, O. C., Banff, 1975

Catalogue Number: WYP.03.845

Images



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Untitled

<https://archives.whyte.org/en/permalink/artifactwyp.03.904>

Artist: Peter Whyte (1905 – 1966, Canadian)

Title: Untitled

Date: 1925 – 1966

Medium: graphite on paper

Dimensions: 27.5 x 21.3 cm

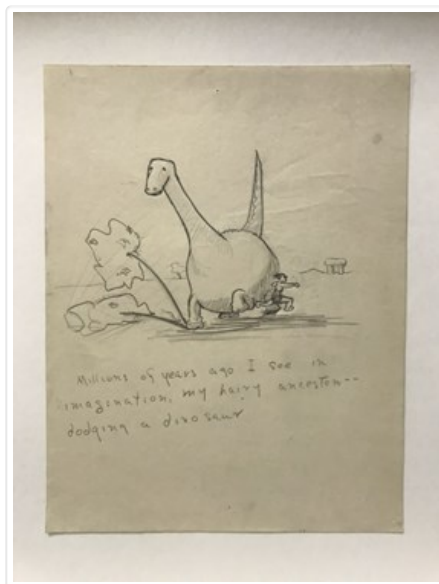
Description: A large long necked dinosaur is stomping it's way across a landscape. It has knocked down two trees and there is a person running the other away from the feet of the animal. In the background there is a tree to the left of the dinosaur and a trilithon to the right. Written below the drawing "Millions of year ago I see in imagination, my hairy ancestor – dodging a dinosaur"

Subject: animal
dinosaur
person
running
trees
feet
trilithon
stone

Credit: Gift of Catharine Robb Whyte, O. C., Banff, 1979

Catalogue Number: WYP.03.904

Images



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