

8 Banff Crag & Canyon — Wednesday, November 10. 1965



FIFTY YEARS HAVE PASSED since this photograph was taken and we thought that with Remembrance Day coming up, it might be a good idea to run it in this week's paper. It shows Banff members of the 82nd Battalion just prior to their departure for overseas for the First World War. Back row, left to right are: T. Laing, Roy Beattie, Duncan McCowan, Joe Woodworth, Harry Menzies, Jim Raby, Billy McCall, Hugh Sibbald and Gordon Carpenter.

Front row, left to right: William White, Cum Latham, Thomas Kay, Wes Latham, William McCowan, Ernie Able and Jock McCowan.



## CANADA REGISTRATION BOARD



This certificate must  
always be carried  
upon the person of  
the registrant

NUMBER

221 145 63

THIS IS TO CERTIFY THAT

William E. Olson

residing at

Bauff  
Albertawas duly registered for the national purposes  
of Canada this 20 day of June 1918

H. E. Fee

Deputy Registrar

Signature of Registrant

William E. Olson



DOMINION OF CANADA

NATIONAL REGISTRATION REGULATIONS, 1940  
REGISTRATION CERTIFICATE

This certificate  
must always be  
carried upon the  
person of the  
registrant.

Electoral  
District  
Polling  
Division

No. 215

No. 72<sup>9</sup>

Calgary West  
(Name)  
Rural  
(Name if any)

THIS IS TO CERTIFY THAT

W. E. Olsen

residing at 439 Marten St. Banff  
Alberta

was duly registered under the above-mentioned  
Regulations this 19 day of August 1940

H. J. Ophrey  
Deputy Registrar.

Signature of Registrant

W. Olsen



# 'Lithia Water' Industry Flourished

*I washed Bottles in this works*  
*W. Olson* by **W. E. ROUND** *Between* 1910-1913

About 1908 "Ask for Scotch and Lithia" . . . "Ask for Rye and Lythia" . . . "Ask for Gin and Lythia" and similar small signs appeared in bar-rooms across Western Canada. In smaller type at the bottom of each sign was "Banff Hot Springs Sanitarium Bottling Company."

Lythia addicts grew and grew in numbers. Lythia, or rather lithia water rated high as a kidney medicine, over-indulgers of alcohol claimed that it was a true preventative drink . . . it prevented the usual "morning after" nausea leaving the overnight imbibor with only a throbbing head. Taken mixed with an alcoholic beverage or after it . . . as a "wash" . . . its efficacy as a hangover killer was the same, they stated.

The May 28th, 1910 issue of Banff Crag and Canyon carries this advertisement:

**Try Banff Lithiated Water  
Ginger Ale and Ginger Beer  
Banff Hot Springs Sanitarium  
Bottling Company**

Yes! Banff once boasted a bottling works but so did other places. Banff's works had a difference however. In the plant, as in others, man aerated and bottled the product, but Banff's product was supplied direct by mother nature ready for the aerating and bottling.

As lythia water's fame spread west the bottling business grew. In one October 1912 issue of Banff Crag and Canyon appeared this short news item "Employees of the Banff Hot Springs Sanitarium Hot Springs Bottling Company are working overtime to supply the lithiated water demands."

Maude (Mrs. F. H.) Kidney was one of the teen-age employees of the company and had the job of labelling the bottles of lithiated water prepared to fill the first order placed with the company by the C.P.R. Dining Car Depart-

ment. She still has a picture showing her with one of the labelled bottles in her hand.

Remembered today by only a few, Banff's one-time thriving bottling business was situated in an addition to a large laundry that stood behind the old Sanitarium, later Bretton Hall, Hotel. The hotel stood where the present Administration Building stands.

Dr. Brett had a minimum of supply-delivery problems. The lithia water "delivered" itself through a pipe that connected the plant with a spring on the slope of Sulphur Mountain. All that was necessary was to aerate and bottle it.

My dictionary defines lithia as "A white caustic compound that dissolves slowly in water to form lithium hydrate" . . . an old time copy of "Through the Heart of The Rockies," first published by the Department of The Interior as a publicity medium, but now published by a publishing company, states, regarding the source of the lithia water, "Its waters contain lithia and are considered to have special therapeutic properties."

**Lithium Hydrate . . . Special  
Therapeutic properties !!!**  
I leave it to the medical fraternity to say first if the former is a semi-hang-over preventative and if that prevention is one or all of the "therapeutic properties."

Dr. Brett and all members of his family have passed to the Great Beyond; the old laundry, bottling works, and Bretton Hall Hotel were years ago consumed by fires, but the Lithia Water still flows . . . flows from a small spring but a short distance from the Upper Hot Springs . . . flows from the **Kidney Spring**.

Mrs. Lucy McLeod, delegate for Banff Lodge No. 231 OORP is attending the Supreme Lodge convention in Regina.

*31st Boss of the Bottling works  
was 4th his father  
Taken moved to corner market & Grocers  
W. Olson*



In 1902 Banff boasted a population of 25 people.

In 1896 Mr. Douglas was Superintendent of Banff until 1910 when he went to Edmonton as Commissioner of the Parks.

In 1902 Bill Mather operated the boat house.

Dave Whyte opened his General Store; his sons carried on the business after him.

Tom Wilson discovered Lake Louise in 1882.

W. L. Mathews was manager of Banff Springs Hotel.

Frank Beattie had the Park Hotel. The Alberta Hotel was operated by Frank Ricks and W. Potts. E. M. Peyto was a mountain guide.

N. K. Luxton was business manager for Calgary Herald. In 1899 with Captain John Vass as his only companion -



they made a trip across the Pacific Ocean in dugout boat called the Tillicum. A small boat trimmed with red cedar logs. It is now in a park at Victoria. It has a 28 ft. keel and a capacity of  $2\frac{1}{2}$  tons. They visited 42 islands covering 14,000 miles.

On Sunday Sept. in 1927 the Highland games were played. Church Service was given by Rev. Dr. C. W. Gordon at the banks of the Galdron, near the Banff Springs Hotel. Hundreds gathered to hear the Rev. Gordon, who was also Minister at Canmore Church. He was the famous Canadian author Ralph Connor.

Tilly  
Grandma & Grandpa Shaw  
came to Benff from Ontario  
in 1902.

Children of Ed & Tilly Shaw

Cliff Shaw dead.

Levi Shaw dead.

Theresa ~~Shaw~~ dead.

Russell — don't know  
Martha Shaw —